



We're here to help

- SAS provides services and supports to foster an equitable educational experience for students with disabilities and assist them in achieving their academic goals. We facilitate academic accommodations and provide supports to students with a documented permanent disability or temporary ongoing medical, mental health and/or cyclical health condition which is affecting academic functioning. Services and accommodations are determined on an individual basis.
- The information in this newsletter will assist you in providing information to students with disabilities who are interested in registering with SAS at Brock.
- If you have any questions, or are interested in discussing SAS and the transitions process from high school to Brock University, please feel free to contact the transition coordinator to arrange a school visit or phone appointment.

ORIENTATION PROGRAMS:

- **Smart Start 2018:**
Visit discover.brocku.ca/start for more information
- **Strategies and Mindful Transitions 2018**
Multi-day option: August 12 – 14, 2018
1-day option: August 24, 2018

Transition Tips

- Students should be aware that University is very different from high school. Students need to develop advocacy skills and take responsibility for their own learning.

HIGH SCHOOL	UNIVERSITY
Approximately 6 hours of classes per day	Approximately 12 hours of classes per week
Some study time required	2 hours of homework for every one hour in class (Note: most lectures are 3 hrs a week)
Schedule is structured by teachers, staff and parents	Schedule is planned by the student
Students parents and teachers made sure they were in school every day	Attendance is entirely up to the student (this may be difficult to manage at first). However, some attendance policies are in place and attendance can affect successful completion of a course.
Decision to disclose a student's disability is typically made by the parent/guardian	Decision to disclose a student's disability is the responsibility of the student
Teachers are aware of a student's diagnosis/disability as it is indicated on a student's IEP	Professors will only know disability if a student discloses the information, otherwise they will only be made aware of approved accommodations
If a student doesn't tell their teacher directly that they have a disability, the teacher will typically find out from the Special Education Teacher	If a student doesn't register with the Student Accessibility Office, than professors will not know that the student may require accommodations
Students typically require an IEP to receive academic accommodations due to a disability	An IEP is not considered formal documentation on its own at the post-secondary level, for documentation requirements please visit: brocku.ca/sas/wp-content/uploads/sites/47/SAS-Documentation-Guidelines.pdf?x66994

Recommended Resources

- Please visit the following link periodically for an updated list of resources that will assist your students with the transition from secondary to post-secondary. These resources are geared toward students with a disability but are excellent resources for all students.

brocku.ca/sas/new-students/#recommended-resources

Transition Resources

#1: ON YOUR OWN:

A College Readiness Guide for Teens with ADHD/LD by Patricia O. Quinn, MD and Theresa E. Laurier Maitland, PHD

#2: READY FOR TAKE-OFF:

Preparing Your Teen with ADHD or LD for College by Patricia O. Quinn, MD and Theresa E. Laurier Maitland, PHD

#3: THE AUTISM TRANSITION GUIDE:

Planning the Journey from School to Adult Life by Carolyn Thorwarth and Mary Beth Urban

#4: POST SECONDARY STUDENTS WITH MENTAL HEALTH DISABILITIES:

A Guide to Academic Accommodations and Managing your Mental Health while on Campus

brocku.ca/sas/wp-content/uploads/sites/47/English_Accessible_Guide_Accommodating-Students-Handbook_August-7-2015.pdf

#5: TRANSITIONS

A pocket resource for students transitioning from schools to universities by Teen Mental Health

teenmentalhealth.org/product/transitions

#6: UNIVERSITY SUCCESS (2nd Edition)

Helping You Succeed in University by N.Mahoney, B.Klassen, M.D'Eon & L. Marken. (Published by the University of Saskatchewan)

openpress.usask.ca/universitysuccess2ndedition

Appropriate Documentation of Disability:

To access SAS services, students must submit appropriate professional documentation of functional impact of a disability or medical condition.

- Documentation guidelines can be found at: brocku.ca/sas/new-students/#documentation-guidelines
- Services and accommodations are determined on an individual basis, depending on the documented needs of the student
- Please be advised that academic accommodations at the post-secondary level may differ significantly from the accommodations provided in high school
- For information on the accessibility admissions policy at Brock, please visit: brocku.ca/webcal/2017/undergrad/admi.html



REGISTER WITH SAS

New students can register by completing our new student registration form found at the following link:

brocku.ca/sas/new-students/new-student-registration



Student Wellness and Accessibility Centre

Health, wellness and personal success for all students

Student Health Services

905 688 5550 x3243

brocku.ca/health-services

Student Accessibility Services

905 688 5550 x3240

brocku.ca/sas

Personal Counselling

905 688 5550 x3240

brocku.ca/personal-counselling

Health and Wellness Hub

905 688 5550 x5861

brocku.ca/health-services/the-hub

Transition programs

Smart Start

- Smart Start is Brock University's academic orientation program for all incoming first-year students.
- Smart Start provides a great opportunity for students with a diagnosed disability or health condition to meet with Student Accessibility Services. Students will meet with a Case Manager and other staff, review accessibility needs and, where appropriate, discuss technology needs.
- Students must indicate on their online Smart Start registration form that they wish to meet with SAS.

To register for Smart Start, visit discover.brocku.ca/start

Strategies conference

- A transition program offered by Student Accessibility Services that is specifically designed for students with learning disabilities.
- Strategies is a workshop-based program designed to offer an introduction to university life.
- Workshops include: understanding your psycho-educational assessment, self advocacy, strategies for academic success (e.g. note taking, studying), stress and anxiety management, introduction to university teaching and learning elements (e.g. lecture, seminar, lab, tutorial), introduction to Brock's Learning Management Systems, Meet a Professor, Meet an Academic Advisor and introduction to assistive technology and how to use it.
- Students stay overnight in residence during the program/conference.
- The fee is \$50 and registration is limited to 25 students.
- This program is funded by the Ministry of Advanced Education and Skills Development.

For more details, please visit

brocku.ca/sas/new-students/#summer-transition-programs

Mindful Transitions

- A transition program offered by Student Accessibility Services that is specifically designed for incoming first-year students with a diagnosed and documented disability.
- Mindful Transitions is a workshop-based program designed to provide an introduction to university life
- Two Options to attend: one day option (no fee to attend) or Two Day/overnight option (\$50.00 fee).
- One Day Option - Workshops include: Understanding your disability and how it impacts university life, strategies for academic success, stress and anxiety management, introduction to Brocks learning management systems, campus resources and supports, personalized campus tours, and peer to peer advice from current Brock students.
- Two Day Program Option - Workshops include: all sessions from the one day option plus, highschool versus University and what to expect, Navigating Seminar Requirements 101, Introduction to Assistive Technologies, Meet a Professor and classroom expectations, and Meet an Academic Advisor.
- Learn about SAS services and meet other first-year students entering Brock.
- The event will address the specific needs of students with disabilities in the post-secondary environment.
- Registration is limited to 25 students per option
- This program is funded by the Ministry of Advanced Education and Skills Development.

For more details, please visit

brocku.ca/sas/new-students/#summer-transition-programs

For questions or more information, contact:

Transition Coordinator
Student Accessibility Services
Brock University
1812 Sir Isaac Brock Way
St. Catharines ON L2S 3A1

E sasnewstudent@brocku.ca

F 905 688 7260 (Attn: Transition Coordinator)



Website information:
brocku.ca/sas